

ITU Grid Channels (200 GHz Spacing)

Channel	Frequency (GHz)	Wavelength (nm)	Channel	Frequency (GHz)	Wavelength (nm)
1	190,100	1577.03	39	193,900	1546.12
3	190,300	1575.37	41	194,100	1544.53
5	190,500	1573.71	43	194,300	1542.94
7	190,700	1572.06	45	194,500	1541.35
9	190,900	1570.42	47	194,700	1539.77
11	191,100	1568.77	49	194,900	1538.19
13	191,300	1567.13	51	195,100	1536.61
15	191,500	1565.50	53	195,300	1535.04
17	191,700	1563.86	55	195,500	1533.47
19	191,900	1562.23	57	195,700	1531.90
21	192,100	1560.61	59	195,900	1530.33
23	192,300	1558.98	61	196,100	1528.77
25	192,500	1557.36	63	196,300	1527.22
27	192,700	1555.75	65	196,500	1525.66
29	192,900	1554.13	67	196,700	1524.11
31	193,100	1552.52	69	196,900	1522.56
33	193,300	1550.92	71	197,100	1521.02
35	193,500	1549.32	73	197,300	1519.48
37	193,700	1547.72			